

Prolo Ring Gesture Cheat Sheet (Firmware 1.0.6)

Quick Mode Reference

Mode	How to Enter	Default Use	Additional Features
Cursor	Swipe Left on Modstrip	Mouse & cursor control	Mod Long Hold Options; Edge Scroll
Navigation	Swipe Right on Modstrip	In-App navigation	Desktop/XR Style + Mobile Style; Edge Scroll; ModNav
Touch	Swipe Right + Hold Modstrip	Media control	Hold Modstrip to use ModTouch
Air	Swipe Left + Hold Modstrip	Motion control	Hold Trackpad to use AirTouch

Cursor Mode

Everyday control for cursor and scrolling.

Move on Trackpad	Move cursor
Single Tap	Left click
Edge Scroll	Instant vertical scroll
Mod Long Hold	Start scroll/pan (continuous). Double tap trackpad to exit
Move + Mod touch (add Mod while moving)	Cursor movement speed (2x speed by default)
Mod Hold + Trackpad Move	Click-and-drag. Release both fingers to stop dragging
Bottom Left Corner Hot Key: Long Hold	Middle click
Bottom Right Corner Hot Key: Long Hold	Right click
Bottom Left Corner Hot Key: Double Click	Left key press (Latched, single tap to cancel)
Bottom Right Corner Hot Key: Double Click	Back
Dual-Finger Tap Hot Key: Track + Track	Win + D
Trackpad Hold + Single Air Tap	Snap cursor to left
Trackpad Hold + Double Air Tap	Snap cursor to right

Navigation Mode

In-app **navigation** for presentations, browsing and e-reading. Two styles to choose from.

To toggle between Desktop/XR style and Mobile Style, use 7xTap + Press Hold Modstrip. Requires Re-Pair after changing Styles.

	Desktop/XR Style (Default)	Mobile Style (Overlay)
Edge Scroll	Instant vertical scroll	N/A
Swipe Up/Down (+Hold)	Up/Down arrow (continuous)	Mobile swipe up/down
Swipe Right/Left (+Hold)	Right/Left arrow (continuous)	Mobile swipe right/left
Tap	Enter	Mobile Single Tap
Double Tap	Consumer Back (XR Glasses)	Mobile Double Tap (Tiktok Like)
Triple Tap	Consumer Home (XR Glasses)	Mobile Double Tap (Tiktok Like)
Dual-Finger Pinch In	Zoom out (Ctrl -)	N/A
Dual-Finger Pinch Out	Zoom in (Ctrl =)	N/A

ModNav Gestures — Extra Navigation control and customizations by holding Modstrip in Navigation Mode.

Mod Hold + Swipe Left	Home
Mod Hold + Swipe Right	End
Mod Hold + Swipe Up / Down	Page up / down
Mod Hold + Tap / Double Tap / Triple Tap	Customizable*

Note: Customizable gestures are available only with Pro Edition.

Touch Mode

Standard Gestures — Quick control for media.

Swipe Up (+Hold)	Volume up / Camera Shutter
Swipe Down (+Hold)	Volume down
Swipe Right (+Hold)	Next track
Swipe Left (+Hold)	Previous track
Tap	Play / Pause
Double Tap	Mute
Triple Tap	Customizable*

ModTouch Gestures — More media control and customizations by holding Modstrip.

Mod Hold + Swipe Right	Fast Forward
Mod Hold + Swipe Left	Rewind
Mod Hold + Swipe Up / Down	Customizable*
Mod Hold + Tap / Double Tap / Triple Tap	Customizable*

Air Mode

Standard Gestures — Control without touching any surface.

Swipe Left / Right	Customizable*
Single / Double Tap	Customizable*

AirTouch Gestures — Hold the Trackpad for more controls in Air Mode.

Trackpad Hold + Swipe Left / Right	Customizable*
Trackpad Hold + Single / Double Tap	Customizable*

System & Mode Actions

Swipe Left on Mod	Enter Cursor Mode	3x Tap + Hold Mod	Toggle Device Status ←→ App Status
Swipe Right on Mod	Enter Navigation Mode	4x Tap + Hold Mod	Shutdown (Requires Charging to Turn On)
Swipe Right & Hold on Mod	Enter Touch Mode	5x Tap + Hold Mod	Reset to Factory Default
Swipe Left & Hold on Mod	Enter Air Mode	6x Tap + Hold Mod	Enter OTA Mode for Firmware Update
1x Tap + Hold Mod	Connect / Switch / Unlock	7x Tap + Hold Mod	Toggle Navigation Style (Desktop/XR vs Mobile)
2x Tap + Hold Mod	Enter Pairing / Add a New Device	Palm Hold	Lock (Unlock Gesture or Charging to Unlock)